



INTERNATIONAL SOMATIC MOVEMENT EDUCATION & THERAPY ASSOCIATION

**Application for ISMETA membership  
INDEPENDENT TRACK  
Please type or print clearly**

Name: \_\_\_\_\_  
Date of Application: \_\_\_\_\_  
Address: \_\_\_\_\_  
Home Phone: \_\_\_\_\_  
Work Phone: \_\_\_\_\_ Fax: \_\_\_\_\_  
Email: \_\_\_\_\_  
Website: \_\_\_\_\_  
Company/Organization/Affiliation: \_\_\_\_\_

**APPLICATION FEE:**

**\$75** one time nonrefundable processing fee for applicants who are **not** graduates of an ISMETA approved training program

\_\_\_\_ Payment sent in mail (with a copy of this cover page)  
\_\_\_\_ I have paid online

**PROFESSIONAL REGISTRY**

Membership dues to be paid upon acceptance to ISMETA.  
*\$100 annually or \$170 for both registration titles.*

***Multiple year discounts:***

*\$170 two years single registration, \$220 three years single registration  
\$290 two years dual registration, \$400 three years dual registration*

***There is a \$10 fee for each Certificate of Registry. (Optional)***

*(RSME and/or RSMT) Please add this to your registration fee when sending in your payment.*

**REGISTRY REQUESTED:**

\_\_\_\_ **Registered Somatic Movement Educator (RSME )**  
\_\_\_\_ **Registered Somatic Movement Therapist (RSMT )**  
\_\_\_\_ **BOTH**

**Guidelines for Registry Selection – Factors to consider**

*At this time selection of professional title can be self determined :*

- Is the orientation of your somatic movement practice focused more on education or therapy?
- According to the regulations in your state or local government, are you legally considered an educator or a therapist? Do you qualify for both or prefer both?

**DOCUMENTATION:**

*Please send application documentation electronically to [info@ismeta.org](mailto:info@ismeta.org)*

**1) Evidence of Education**

Required documents if you have not completed an ISMETA approved training program  
\_\_\_\_\_detailed transcript of your movement training including 500 hours/name of courses/locations/instructors in a table or column format  
\_\_\_\_\_copies of all pertinent certificates from each training program  
\_\_\_\_\_a catalog or brochure of the school(s) OR biographies of the instructors  
\_\_\_\_\_ Work samples: Video recording of 2 one hour private sessions (with permission of the client(s)).  
Mail 3 DVD copies (US format) or send electronically using a program to send large files electronically. -  
OR - Detailed descriptive written case analyses of 4 typical sessions. \*  
*Please use an alias to ensure your clients' confidentiality in all case studies submitted*

\*After review of this information, we may also direct you to an ISMETA approved training program or *Registered Somatic Movement Educator or Registered Somatic Movement Therapist* in your area so that they can observe your practice.

## 2) Personal statement

\_\_\_\_\_Send a short statement that describes the reason you desire registration with ISMETA

## 3) Two letters of recommendation (with reference to your history of professional practice)

\_\_\_\_\_One letter from an instructor of an ISMETA approved training program or an experienced colleague, ideally someone who provided you with supervision.

\_\_\_\_\_Letter from client and/or colleague

## 4) History of Professional Practice

**Evidence of 150 hours of professional practice.** Of the entire 150 hours at least 75 hours must be sessions with individuals and 75 hours must be after you have completed 500 hours of training.

\_\_\_\_\_ **Cover Letter summarizing the history of your practice** Include overview of the span of time you have been practicing, settings and a general description of the movement issues/syndromes you address. Make reference to the principles you apply and the types of skills you use, especially if you combine several approaches.

\_\_\_\_\_ **Submit detailed List in a table or column format.** Include specific hours, dates, settings and description of the class or individual session conducted. If you have questions regarding this list contact the ISMETA office.

I, (signature)\_\_\_\_\_ attest, under the penalty of perjury that the enclosed documents are truthful.